

THE Relief Space

Testimonials

Back
pain

Condition: Doctor recommended surgery or opioids for *diagnosed chronic back pain*.

Therapy Result: Pain relief immediately. Significant improvement in 3 months. **After 6 sessions over 2 years, no longer living in pain.**

Low
back
pain

Condition: According to client, back *pain level was "11 out of 10 while on pain medication"*.

Therapy Result: 2 days after private session client reported **pain level of "4 out of 10 with no pain medications"**.

Muscular
tension

Condition: Client experienced an extreme form of *muscular tension causing high levels of pain* that Ibuprofen did nothing for.

Therapy Result: Complete pain relief after 1 session. Pain reoccured the following day but after 2 more sessions pain never returned.

Plantars
Fasciitis

Condition: According to doctor, *plantars faciitis pain would last 18 months and be painful*.

Therapy Result: With daily therapy exercises, **pain was minimal and went away after 6 months.**